



	<i>Breakfast</i>	<i>Morning Snack</i>	<i>Lunch</i>	<i>I snack</i>	<i>II snack</i>
<i>Monday</i>	<p><i>Buffet:</i></p> <p><i>Bread (wheat, wholemeal sunflower seed rolls), Butter Cold cuts (chicken), vegetables (tomatoes, green cucumbers), fruits (bananas, apple), Milk and milk products (natural yogurt), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey</i></p>	<p><i>Vegetables & fruits</i></p>	<p><i>Bulgur soup, whole-grain pasta with shrimps in tomato sauce , vegetable chulent, Fresh vegetables</i></p>	<p><i>Vegetables (carrot, cucumber tomatoes), banana, apple Natural yogurt with dried fruit, challah</i></p>	<p><i>Mix of colorful sandwiches with butter sausage (poultry), cheese (goat), jam, vegetables (radish, iceberg lettuce) Fruit tea</i></p>
<i>Tuesday</i>	<p><i>Buffet:</i></p> <p><i>Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radishes, peppers), fruit, Milk and milk products (vanilla cheese), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey</i></p>		<p><i>Green pea cream soup Chicken cutlet, Risotto potatoes (zucchini peppers and carrots), Mix lettuce with vegetables</i></p>	<p><i>Mixed bread (wheat and rye) with butter^{1,7}, poultry sausage, vegetable pate, cottage cheese with chives, fresh vegetables</i></p>	<p><i>Fruit smoothie corn chips</i></p>
<i>Wednesday</i>	<p><i>Buffet:</i></p> <p><i>Bread (wholemeal, toasted whole grain), Butter Sausages (poultry cooked) hot sausages, Mozzarella cheese, vegetables (cherry tomatoes, pickled cucumbers, radish green lettuce), fruits (orange, apple, banana, grape), Coffee with milk, dairy products (fruit yogurt), drinks (tea, milk) Whole grain breakfast cereals, dried fruit (apricots, raisins, cranberries). Jam (low sugar) and honey</i></p>		<p><i>Lentil soup with parsley Turkey Stew, Millet, baked pepper with herbs Mix of fresh vegetables</i></p>	<p><i>Carrot cake^{1,3,7}, vegetables (pepper, green cucumber, kohlrabi, radish)</i></p>	<p><i>Whole grain toast with mozzarella Fresh vegetables, rocket and chickpea salad</i></p>



Thursday	<p><i>Buffet:</i> <i>Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radish, colorful pepper), fruit,</i> <i>Milk and milk products (vanilla cheese), drinks,</i> <i>Whole grain breakfast cereals, dried fruit.</i> <i>Jam (low sugar) and honey</i></p>		<p><i>Sorrel Soup with potatoes,</i> <i>Chicken medallion,</i> <i>couscous</i> <i>Egg cutlet</i> <i>Boiled carrots, fresh vegetables</i></p>	<p><i>Chocolate pudding⁷,</i> <i>rusks without sugar¹,</i> <i>apple</i></p>	<p><i>Mix of sandwiches with butter sausage (poultry), cheese (goat), jam, vegetables (radish, iceberg lettuce)</i> <i>Fruit tea</i></p>
Friday	<p><i>Buffet:</i> <i>Bread, Butter Sausages, Cheese, vegetables, fruits,</i> <i>Milk and milk products, drinks,</i> <i>Breakfast cereals, dried fruit.</i> <i>Jam (low sugar) and honey</i></p>		<p><i>Pumpkin cream soup</i> <i>Baked halibut fillet,</i> <i>boiled potatoes with dill, stuffed zucchini,</i> <i>white cabbage salad</i></p>	<p><i>Yogurt with fruit sprinkled with granola (cranberry, raisins, pumpkin seeds, raspberries) vegetables,</i> <i>yeast roll with fruit⁷</i></p>	<p><i>Mix of sandwiches with sausage (pork), mozzarella⁷ cheese, jam, vegetables (tomatoes, green cucumber, pepper)</i> <i>Fruit tea</i></p>