



	<i>Breakfast</i>		<i>Lunch</i>	<i>I snack</i>	<i>II snack</i>
<i>Monday</i>	<i>Bread¹ (wheat, whole-wheat sunflower seed rolls), Butter⁷ Sausages (roasted turkey), vegetables (lettuce, kale, tomatoes, green cucumbers), fruits (oranges, apple), Milk and milk products (natural yogurt, vanilla cheese) ⁷, drinks, Whole grain breakfast cereals ^{1.7}, dried fruit. Jam (low sugar) and honey</i>	<i>'Vegetables fruits'</i>	<i>Vegetable Spaghetti bolognese, white cabbage salad Spaghetti pesto and sunflower seeds</i>	<i>Natural yogurt, preserves, vegetables, fruits</i>	<i>Mixed bread with butter, chicken sausage, mozzarella cheese, (tomatoes, green cucumber, pepper), apple</i>
<i>Tuesday</i>	<i>Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radish, colorful pepper), fruit, Milk and milk products (vanilla cheese), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey</i>		<i>Cream of white vegetables Chicken curry, Couscous mix, cooked vegetables Beet cutlets</i>	<i>Hot frankfurters, whole wheat bread, fresh vegetables (peppers, green cucumber)</i>	<i>Baked pear with jam, Corn Wafers</i>
<i>Wednesday</i>	<i>Bread (wholemeal, toasted whole grain), Butter Sausages (poultry cooked) hot sausages, Mozzarella cheese, vegetables (cherry tomatoes, pickled cucumbers, radish green lettuce), fruits (orange, apple, banana, grape), Coffee with milk, dairy products (fruit yogurt), drinks (tea, milk) Whole grain breakfast cereals, dried fruit (apricots, raisins, cranberries). Jam (low sugar) and honey</i>		<i>Bean and potatoes, Chicken cutlet in batter, red cabbage salad and vegetables Soy chops</i>	<i>Mixed bread with butter, roasted turkey, vegetables (cucumber, tomatoes) Apple</i>	<i>Fruit salad with granola Grapefruit</i>



<p>Thursday</p>	<p>Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radish, colorful pepper), fruit, Milk and milk products (vanilla cheese), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey</p>		<p>Dill with potatoes Roast pork, barley, mix of fresh vegetables Roasted vegetables with red pepper sauce</p>	<p>Spring salad (iceberg lettuce, tomatoes, mozzarella)</p>	<p>Whole grain toast with goat cheese, banana</p>
<p>Friday</p>	<p>Bread, Butter Sausages, Cheese, vegetables, fruits, Milk and milk products, drinks, Breakfast cereals, dried fruit. Jam (low sugar) and honey</p>		<p>Beetroot Fish cutlet with parsley, potatoes, sauerkraut salad, fresh vegetables Breaded camembert with cumberland sauce</p>	<p>Vanilla cheese, apple Corn Wafers</p>	<p>Mixed bread (pumpernickel) with butter, hummus, tuna paste (tomatoes, green cucumber, pepper), apple</p>

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AN.

staceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. LUPINE; 14. FLUSHERS.